

## **STRIPLINGS BAREBACK COURSE**

1	Seesaw	10 points
2	Backing poles (if walk through forwards)	10 points ( 5 points)
3	Pick up bag off drum	10 points
4	Walk over the plank	10 points
5	Bending poles	10 points
6	2 front feet on block	10 points
7	Side pass log	10 points
8	Walk through obstacle	10 points
9	Over log	10 points
10	4 feet on box, crack whip to finish	10 points

**TOTAL POINTS    100**